

# Summit Gold® (rev. 8)

## Supplement Facts

Serving Size: 3 Tablets

Amount Per Serving	% Daily Value	
Calories .....	5	
Total Carbohydrate .....	1 g	<1%
Total Sugars .....	1 g	†
Includes 1 g added sugars		2%
Vitamin A (Retinyl Palmitate).....	2700 mcg	300%
Vitamin C (Ascorbic Acid, Rose Hips, Acerola Fruit Extract) .....	90 mg	100%
Vitamin D <sub>3</sub> (Cholecalciferol) .....	12.5 mcg (500 IU)	63%
Vitamin E (d-Alpha Tocopheryl Acid Succinate) .....	50 mg	333%
Thiamine (Thiamine Mononitrate, Molasses Culture) .....	6 mg	500%
Riboflavin (Riboflavin, Molasses Culture) .....	7.5 mg	577%
Niacin (Niacinamide, Molasses Culture) .....	51.6 mg	323%
Vitamin B <sub>6</sub> (Pyridoxine HCl, Molasses Culture) .....	13.5 mg	794%
Folate .....	335 mcg DFE	84%
	(201 mcg Folic Acid)	
Vitamin B <sub>12</sub> (Methylcobalamin) .....	12 mcg	500%
Biotin (D-Biotin).....	150 mcg	500%
Pantothenic Acid (Calcium Pantothenate, Molasses Culture).....	51 mg	1020%
Calcium (Bone Meal, Calcium Sulfate, Calcium Carbonate, .....	501 mg	39%
Dicalcium Phosphate, Oyster Shell)		
Iron (Ferrous Fumarate) .....	9 mg	50%
Phosphorus (Bone Meal, Dicalcium Phosphate) .....	120 mg	10%
Iodine (Kelp) .....	75 mcg	50%
Magnesium (Magnesium Oxide, Magnesium Amino Acid Chelate) .....	200 mg	48%
Zinc (Zinc Amino Acid Chelate).....	11.25 mg	102%
Selenium (Selenium Amino Acid Chelate) .....	35 mcg	64%
Copper (Copper Amino Acid Chelate).....	1 mg	111%
Manganese (Manganese Amino Acid Chelate) .....	3 mg	130%
Chromium (Chromium Amino Acid Chelate).....	50 mcg	143%
Molybdenum (Molybdenum Amino Acid Chelate) .....	7.5 mcg	17%
Potassium (Potassium Gluconate) .....	12 mg	<1%
Choline (Choline Bitartrate).....	75 mg	14%

Inositol.....	75 mg	†	Citrus Bioflavonoid Complex (Citrus Peel) 15 mg	†	
SeaPlex (a proprietary blend of .....	37.5 mg	†	Pancreatin .....	12 mg	†
Kelp, Dulse, Spirulina, Sodium Alginate,			Aloe Vera (leaf) Concentrate .....	12 mg	†
Bladderwrack, Irish Moss, Chlorella)			Mixed Carotenoids (from Sea Algae)..	3.6 mg	†

† Daily Value Not Established

Other Ingredients: Sugar, Microcrystalline Cellulose, Mono- and Diglycerides, Food Glaze, Croscarmellose Sodium, Talc, Gum Arabic, Gelatin, Magnesium Stearate, Sunflower Lecithin, Starch, Providone, Titanium Dioxide (color), Carmine (color), Beeswax.